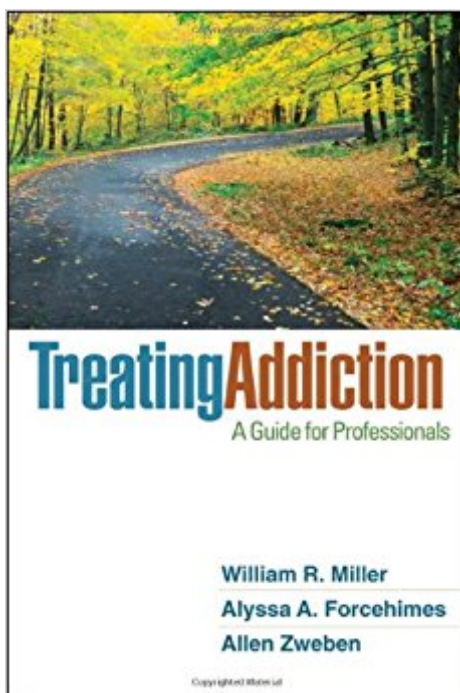


The book was found

# Treating Addiction: A Guide For Professionals



## Synopsis

An indispensable practitioner reference and text, this engaging book focuses on how to provide effective help to clients with substance use disorders. The authors, leading authorities on addiction treatment, present a state-of-the-art framework for assessment and treatment (updated for DSM-5). They describe and illustrate evidence-based treatment methods, including cognitive-behavioral, 12-step, motivational, pharmacological, and family approaches. Also addressed are such crucial clinical issues as resistance, maintenance of change, treating co-occurring disorders, and spirituality. Reproducible clinical tools can be photocopied from the book or downloaded and printed in a convenient 8 1/2" x 11" size. Of special utility, the companion website features more than 25 widely used, ready-to-download assessment tools, assembled in one place for the first time, together with the authors' guidance for using them throughout the process of treatment.

## Book Information

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## Customer Reviews

"Written by well-respected addiction researchers and skilled clinicians, this book is a one-stop shop for those interested in learning about the latest evidence-based treatments. Students and practicing clinicians will find both basic scientific information and an arsenal of evidence-based practices that can improve client outcomes. The book provides helpful how-to examples, resources, and tools, emphasizing ways to plan individualized treatment that incorporates motivational factors. This comprehensive book will appeal to a broad audience."--Carrie Randall, PhD, Distinguished University Professor and Director, Alcohol Research Center, Medical University of South

Carolina" This book gives particular emphasis to the practical things clinicians need to know and do to treat addiction successfully. The authors are world leaders in treatment who describe an approach that is comprehensive, evidence based, multidisciplinary, holistic, and collaborative. A terrific text for courses that train professionals to deal with addiction problems, this book is destined to become a classic. I highly recommend it!"--Timothy J. O'Farrell, PhD, ABPP, Department of Psychiatry, Harvard Medical School "The authors have blended superb clinical acumen with an exceptional grasp of cutting-edge research to produce this practical, scholarly, and client-centered book. The book captures the complexities of addiction treatment in an engaging manner. A major strength is the way the authors move beyond their strong presentation of evidence-based practices to thoroughly discuss the process and context of treatment, ably addressing the necessary conditions for therapeutic change. Addiction treatment specialists and other clinicians will be well served by this book. It can be used as a primary text in graduate-level courses on addiction treatment or as a supplemental text in virtually any advanced clinical practice course."--Meredith Hanson, DSW, Graduate School of Social Service, Fordham University "This is an excellent integrative guide from authors who include the originator of motivational interviewing, one of the most useful innovations in the care of patients with addictive behavior problems. Clearly written, the book will enhance the knowledge, skills, and attitudes of any student or teacher of addiction treatment. More experienced addiction therapists also will find many nuggets of wisdom well worth the read."--Richard J. Frances, MD, Department of Psychiatry, New York University School of Medicine "A wide spectrum of professionals--both specialists and nonspecialists--are increasingly treating people with substance use disorders. This book succeeds admirably in the important aim of encouraging and assisting frontline workers to better understand and effectively help people with addictive disorders. Written in clear and accessible language, this is a comprehensive and authoritative guide for anyone wishing to enter this demanding but highly rewarding field of work."--Nick Heather, PhD, FBPsS, Emeritus Professor of Alcohol and Other Drug Studies, Northumbria University, United Kingdom "This work is a must read for any professional who wants to treat or support the treatment of patients who struggle with addictions. The research-based, comprehensive handbook offers practical guidance to understand, identify, assess, and treat addictions....To date, this is the best resource applying current theory and research to relevant, useful, and accessible clinical practice. Essential. Upper-division undergraduates through professionals/practitioners." (Choice 2012-09-03) "The authors...have packed this book with unique insights and a thoughtful distillation of what research has taught us about the nature of addiction and its treatment....I was most impressed by their inclusion of a lengthy chapter on the importance

of individualizing treatment plans, and selecting the most appropriate treatments for clients based on research and evidence....Eminently practical and authoritative, this book provides real-world, practical information for improving addiction treatment and for increasing the adoption of evidence-based practices among clinicians. Moreover, it identifies and illustrates the issues that arise in addiction treatment, including topics such as responding to resistance, enhancing adherence, promoting maintenance, working with groups, and addressing the spiritual side of addiction treatment....An excellent integrative guide that empowers readers with a wealth of information, understanding, and advice....I highly recommend adding this book to your library or collection." (Metapsychology Online Reviews 2013-04-23)â œIn their preface to the book, the esteemed authors note they have had nearly a century of experience in the field of addiction, in clinical psychology and social work, and it shows!...The authors have provided an excellent foundation for the understanding of addiction and its context and recommendations for intervention. New and experienced practitioners will be interested in this book and will make reference to it throughout their working lives.â • (Drug and Alcohol Review 2013-07-01)

William R. Miller, PhD, is Emeritus Distinguished Professor of Psychology and Psychiatry at the University of New Mexico. Throughout his career he has developed and evaluated various methods for addiction treatment, including motivational interviewing, behavior therapies, and pharmacotherapies. More generally interested in the psychology of change, Dr. Miller has also focused on the interface of spirituality and psychotherapy. Having authored more than 40 books and 400 professional and scientific articles and chapters, Dr. Miller is listed by the Institute for Scientific Information as one of the worldâ™s most cited scientists. Â Alyssa A. Forcehimes, PhD, is a clinical psychologist on the faculty of Psychiatry at the University of New Mexico Health Sciences Center. She coordinates the Southwest Node of the National Institute on Drug Abuse Clinical Trials Network, which is located at the Universityâ™s Center on Alcoholism, Substance Abuse, and Addictions. Dr. Forcehimesâ™s research focuses on processes of motivation for change and on effective methods for disseminating and teaching evidence-based behavioral treatments for addiction to mental health, substance abuse, and health care providers. Â Allen Zweben, PhD, is Professor and Associate Dean for Research and Academic Affairs at the Columbia University School of Social Work. Dr. Zweben has been a principal investigator on numerous federally and privately funded behavioral and medication trials, including two landmark studies funded by the National Institute on Alcohol Abuse and Alcoholism: Project MATCH, a patientâ™ treatment matching study, and the COMBINE study, a project examining the efficacy of combining pharmacotherapy

and psychotherapy interventions for alcohol problems.

Love this book! It is written simply and it's easy to follow. Most text books are lengthy and wordy - this book is not. I learned so much and enjoyed reading it. It's not written just for counseling students but for everyone. Highly recommend for students, teens, parents, and anyone working with or experiencing those who have an addiction.

One of my biggest fears when reading textbooks is the text would be drier than the Sahara desert. I'm so glad this book isn't one of them. I rented this book for one of my classes, and I must say, it's informative and actually interesting to read. It offers new perspectives on treating SUD and easy to follow along. I like it so much that I'm actually considering buying it (when I'm back to the labor force and actually earning money again. Don't blame a grad student for being broke).

Required for college

I really enjoy reading this book. It is required for a course I'm taking at school, but actually doesn't feel like I'm reading a textbook at all. Easy to follow, all the while detailed information.

This became my primary source for my Master's class on Substance Use Counseling. Great information and the chapters are broken down into quick reference bites, making it easy to find information.

Solid, dependable, useful information. Nice author-comment spaces interspersed here & there. Learning a lot.

This is the ultimate, up to date text for all addictions professionals. I was fortunate to begin using this book right after it was published for teaching my classes in Substance abuse, and use it as a reference point for information and where to find additional information. This is one of the best books I've found in my 20 years as an addictions professional.

This book was a nice change from most college textbooks that I have read. I'm not sure that it can even be considered a textbook, but we used it for our class. There are nice examples of documents that are useful for counseling individuals with a variety of issues.

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